



aquatics

American Red Cross Lifeguard Certification

Saturdays and Sundays
December 10th, 11th, 17th, 18th
Or

March 17th, 18th, 24th, 25th
9:00am-5:00

Ages 15 years & up

Fee: \$281 materials included
Enrollment minimum is 5 and
maximum is 20.

Please bring proof of age ID, lunch,
swimsuit & towel.

This course covers the skills and knowledge needed to prevent and respond to aquatic emergencies. To successfully complete this course you **must attend all classes in their entirety, pass all physical skills, and pass all written and practical exams.** Certifications covered include: 1 year of CPR/AED, 1 year of Blood-borne Pathogen Prevention, 3 years of First Aid, and 3 years of Lifeguarding

Prerequisites: Swim 300 yds. continuously (including 100 yds. of Freestyle & 100 yds. of Breaststroke). Surface dive to 7ft., grab 10 lb. brick & swim 20 yds.

Registration Information

To register, a program registration form is required
Deadline to register is seven days before the start of the class.



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