

Private Yoga Lessons



Enjoy the benefits of yoga with personalized lessons.

"I had never done yoga and decided to try private lessons to help get back into shape. It has been amazing. I get personal attention to *my* needs without feeling like the 'newbie' in a class - and it's challenging and enjoyable each week." Member-Laura Knott



	<u>Member</u>	<u>Nonmember</u>
Individual		
1 sixty-minute session	\$75	\$85
5 sixty-minute sessions	\$355	\$405
10 sixty-minute sessions	\$680	\$780
Buddy Training		
5 sixty-minute sessions	\$275 per person	\$325 per person



Addison-Penzak
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Registration Information

For more information contact Kelly,
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