



AMANDA GRANT

CERTIFIED MASSAGE THERAPIST



EDUCATION

Certified Massage Therapist
Maui Academy of the Healing Arts

University of South Florida, College of Medicine
Full body dissection with David Kent

Biodynamic Cranial Sacral Foundational Training
The Pacific School for Biodynamic Integration (Level 1)

International Training Massage School, Thailand
Thai Massage

SPECIALIZATION

- Swedish Massage
- Hawaiian Lomi Lomi
- Foot Reflexology
- Cranial Sacral Therapy

PHILOSOPHY

Massage is a wonderful way to balance out the stress in our lives and allow our muscles to relax and our mind to let go. Each person's body has the intelligence to heal itself. As a massage therapist, I facilitate the body's healing process. By relaxing on the table, your muscles can relax, you experience increased circulation, pain is lessened and the body begins to rid itself of toxins. The body and mind are brought back into balance and you feel an inner calm. This is the best gift you can give to yourself.

