



APRIL CHRISTMAN CERTIFIED MASSAGE THERAPIST



EDUCATION

Certified Massage Therapist
Kali Institute of Massage & Somatic Therapies
Feng-shui Master Apprentice Black Hat Tradition
Kinetic modalities (energy work)
Therapeutic healing work
Technique class at West Valley

SPECIALIZATION

Sports
Deep Tissue
Energy work
Pre/post-natal
Trigger Point
Cranial Sacral

PHILOSOPHY

Our bodies change with time just as nature does. We're in good shape when we're young but time brings on its own challenges and hurdles that our bodies must learn to overcome. Sports, babies, surgeries, accidents and life's daily stresses can create creaks, joint pain, sore and tight muscles, and debilitating injuries that wear down our bodies' own natural defenses.



Who gives to the giver? I look forward to assisting you in the healing process that massage therapy provides
Say thank you to your body and soul for all they do for you through your daily routines.