



## APRIL CHRISTMAN CERTIFIED MASSAGE THERAPIST



### EDUCATION

Certified Massage Therapist  
Kali Institute of Massage & Somatic Therapies  
Feng-shui Master Apprentice Black Hat Tradition  
Kinetic modalities (energy work)  
Therapeutic healing work  
Technique class at West Valley

### SPECIALIZATION

- Western style: Swedish, Sports, Chair & Aromatherapy
- Kinetic modalities (energy work)
  - Pre-natal
  - Trigger Point
  - Feng-shui

### PHILOSOPHY

The human hands are the most powerful tools available to us. The mind, body and spirit are connected. I approach each massage with this in mind. I incorporate different modalities to tailor each treatment for my individual client. Massage therapy increases circulation and breaks up lactic acid. Relaxation and feeling more centered in one's body is an added benefit. Whether a soothing pre-natal or an invigorating sports massage, I'll assist you in the process of your healthy lifestyle.

