



KAE ELECTONA CERTIFIED MASSAGE THERAPIST



E D U C A T I O N

National Holistic Institute
Certified Massage Therapist



S P E C I A L I Z A T I O N

Deep Tissue
Swedish
Trigger Point Release
Shiatsu
Passive Stretching
Sports
Pre/Post Natal

P H I L O S O P H Y

My philosophy on Massage Therapy is that the benefits run much deeper than just the physical aspect. Not only does Massage improve circulation, relieve tension, and relax muscles, it also connects the mind, body, and soul. A good massage will give you a brighter perspective on your day, bring you happiness, and an overall sense of well-being.

