



**KRISTINA RECLA**  
 SPA DEPARTMENT LEAD  
 LIC. ESTHETICIAN  
 CERTIFIED MASSAGE THERAPIST



## EDUCATION

National Holistic Institute  
 Licensed Esthetician  
 Marinello School of Beauty Esthetics  
 program Santa Clara  
 Master Spa Skin Care  
 & Body Treatments



## SPECIALIZATION

Clinical Skin Care  
 Body Treatments  
 Waxing  
 Deep Tissue  
 Lymphatic  
 Hot Stone  
 Pre/post Natal  
 Reflexology  
 Shiatsu & Thai  
 Sports  
 Swedish  
 Trigger Point Therapy

## PHILOSOPHY

Our daily lives are filled with the demands of schedules, responsibilities, and deadlines. My goal is to give you a chance to step back from the hectic rush around you and relax and



rejuvenate your body and mind. I will indulge you head to toe with the massage technique that is right for you. The better that you feel on the inside, the more confident and happy you will be on the outside. You will leave feeling calm, stress free and rejuvenated.