



MICHAEL CUMPIAN CERTIFIED MASSAGE THERAPIST



EDUCATION

Bryman College

Therapeutic Massage Therapy
Certification

SPECIALIZATION

Swedish

Acupressure

Lymphatic Drainage

Trigger Point

Breath and Energy Work

Deep Tissue

Referral Massage

Shiatsu

Ayurvedic Application of Myofascial Release

PHILOSOPHY

I care about you. Everyone deserves to experience the power of their innate ability to heal themselves. My intention here within Wellness Services is to assist you in your health and well-being.

I encourage you to honor your Self and your health by consciously choosing to enter all of our therapeutic massage sessions with an open mind, an open heart, and prepare yourself to fully receive relaxation of the body. I am here to be a guide for you during the unfolding of your best health and healing with the utmost humility.

Massage is one of the many gentle arts and can be found in many forms throughout our world. Therapeutic Massage is tailored to specifically work with an individual's current health status. The other part of this gift is meditation. Meditation allows us to fully engage at all levels. That is truly the greatest gift of all.

