

# Dan Searles

## Fitness Professional 2

### **Trainer Education:**

NASM Certified Personal Trainer  
Worldwide Association of Specialty Programs  
Currently pursuing AA, Sports Psychology,  
West Valley College

### **Trainer Specialization:**

Youth fitness  
Strength conditioning  
Athletic conditioning  
Fat loss

### **Trainer Philosophy:**

It's game time! Now is the time to feel, be and perform your best. With the right conditioning we can get you there. Let me show you how amazing your body truly is through dynamic and exciting training. With passion and knowledge, I will motivate and assist you in achieving your health and fitness goals.

