

group

fitness

June Aqua Class Schedule Changes

New Class

Aqua Conditioning
Wednesdays from 6:15-7:15pm
with Debbi Hedge

Class time change

Aqua Fit
Tuesdays from 9:00-10:00am
with Malinda

6-weekly Aqua classes

Aqua Fit, Mondays from 6:15-7:15pm with Malinda
Aqua Fit, Tuesdays from 9:00-10:00am with Malinda
Aqua Conditioning, Wednesdays from 6:15-7:15pm with Debbi
Aqua Fit, Fridays from 9:00-10:00am with Abbey
Aqua Fit, Saturdays from 9:30-10:30am with Irene
Aqua Conditioning, Sundays from 9:30-10:30am with Mary

Addison-Penzak



Levy Family Campus
14855 Oka Road Suite 201
Los Gatos, CA 95032

For more information contact
Deborah at 408.357.7440 or
groupfitness@svjcc.org.

<http://www.svjcc.org>