



# aquatics

## American Red Cross Lifeguard Certification

Saturdays and Sundays  
August 21st, 2th, 28th & 29th  
9:00am-5:00pm

Instructors: George Cullison & Ken Mignosa



Ages 15 years & up  
Fee: \$255 materials included  
Enrollment minimum is 5 and maximum is 20.  
Please bring proof of age ID, lunch,  
swimsuit & towel.

This course covers the skills and knowledge needed to prevent and respond to aquatic emergencies. To successfully complete this course you **must attend all classes in their entirety, pass all physical skills, and pass all written and practical exams.** Certifications covered include: 1 year of CPR/AED, 1 year of Bloodborne Pathogen Prevention, 3 years of First Aid, and 3 years of Lifeguarding.

Prerequisites: Swim 300 yds. continuously (including 100 yds. of Freestyle & 100 yds. of Breaststroke). Surface dive to 8 ft., grab 10 lb. brick & swim 20 yds.



Levy Family Campus  
14855 Oka Road Suite 201  
Los Gatos, CA 95032

### Registration Information

To register, a program registration form is required.  
Deadline to register is Monday August 16th, 2010.  
For more information 408.357.7423 or email [aquatics@svjcc.org](mailto:aquatics@svjcc.org).