

pilates reformer

Summer Quarter Group Sessions July through September 2010



Pricing

*Individual Classes**

Members:

3-person group: \$40 per class
6-person group: \$30 per class

Nonmembers:

3-person group: \$50 per class
6-person group: \$40 per class

Monthly Classes

Members:

3-person group: \$35 per class
6-person group: \$25 per class

Nonmembers:

3-person group: \$45 per class
6-person group: \$35 per class

*Individual class cancellations require 24 hour notice. Less than 24 hours notice results in the full charge of the class.

Class participants must have completed an orientation class.

Group Reformer classes are not appropriate for those with injuries.

For more information
contact Juliet,
Lead Pilates Trainer,
@ 408.357.7427 or
juliet@svjcc.org.



Levy Family Campus
14855 Oka Road Suite 201
Los Gatos, CA 95032

Gentle

3-person group-Tuesdays from 8:00-9:00am with Debbie H.
6-person group-Tuesdays from 12:00-1:00pm with Debbie H.
3-person group-Thursdays from 8:00-9:00am with Debbie H.
6-person group-Thursdays from 12:00-1:00pm with Debbie H.
6-person group-Thursdays from 6:30-7:30pm with Debbie H.

Mixed Level

3-person group-Mondays from 9:00-10:00am Stacy
6-person group-Tuesdays from 7:30-8:30am with Juliet
6-person group-Wednesdays from 7:30-8:30pm with Juliet
3-person group-Thursdays from 7:30-8:30am with Juliet
3-person group-Thursdays from 9:00-10:00am with Carmela
3-person group-Fridays from 9:15-10:15am with Deborah
3-person group-Sundays from 9:30-10:30am with Carmela

***Schedule and instructors are subject to change and classes are subject to cancellation**

Class schedules

Classes will run monthly and meet 4 to 5 times depending on how many days and holidays fall in the month.

Participants enrolled in a Pilates Reformer class during the final month of the quarter have priority to register for the same class time from the 1st-15th before each registration date. Open registration starts on the 16th the month before the beginning of each quarter. At the beginning of a quarter, participants will have the option of signing up for up to three months of classes.

Registration forms

Members can register for classes by turning in a completed program registration form with full payment to the Service desk. If a class is full, the registrant will receive an email with other training options. Registration forms are available on our website www.svjcc.org and at our Service Desk.

Missed Class and Cancellation Policy

If a registered participant misses one class in a month, he/she will be offered a \$10 credit applied to the next month of Pilates Training. All other unattended classes are non-refundable and will not result in a credit or a make up. Changes to registration can be made up to the last day of the month prior to the class.