

## pilates

# reformer Group Classes February, March 2012



### Pricing

#### Individual Classes\*

Members:

3-person group: \$40 per class

6-person group: \$30 per class

Nonmembers:

3-person group: \$50 per class

6-person group: \$40 per class

#### Monthly Classes

Members:

3-person group: \$35 per class

6-person group: \$25 per class

Nonmembers:

3-person group: \$45 per class

6-person group: \$35 per class

Class participants must have completed an orientation class.

Group Reformer classes are not appropriate for those with injuries.

For more information  
contact Giselle,  
Pilates Lead,  
@ 408.357.7427 or  
giselle@svjcc.org



Levy Family Campus  
14855 Oka Road Suite 201  
Los Gatos, CA 95032

### Gentle

6-person group-Tuesdays from 12:00-1:00pm with Debbie H.

### Mixed Level

3-person group-Mondays from 9:00am-10:00am with Jennifer G.

3-person group-Mondays from 10:00-11:00am with Jennifer G.

3-person group-Mondays from 5:15-6:15pm with Jennifer R.- **NEW!**

3-person group-Tuesdays from 7:30-8:30am with Jennifer G.

3-person group-Tuesdays from 9:00-10:00am with Debbie H.- **NEW TIME!**

3-person group-Tuesdays from 4:00-5:00pm with Kelly-**NEW!**

3-person group-Tuesdays from 5:15-6:15pm with Jennifer R.- **NEW!**

3-person group-Tuesdays from 6:30-7:30pm with Debbie H.

3-person group-Wednesdays from 7:30-8:30am with Jennifer G.- **NEW!**

6-person group-Wednesdays from 4:30-5:30pm with Michelle

3-person group-Wednesdays from 6:00-7:00pm with Jennifer G.

3-person group-Thursdays from 6:15-7:15am with Debbie H.

6-person group-Thursdays from 8:00-9:00am with Debbie H.

3-person group-Thursdays from 9:00-10:00am with Carmela

6-person group-Thursdays from 4:30-5:30pm with Debbie H.- **NEW TIME!**

3-person group-Fridays from 9:15-10:15am with Jennifer G.

3-person group-Fridays from 10:15-11:15am with Jennifer G.- **NEW!**

6-person group-Fridays from 1:15-2:15pm with Debbie H.

3-person group-Fridays from 3:00-4:00pm with Kelly-**NEW!**

**\*Schedule and instructors are subject to change and classes are subject to cancellation**

### Class schedules

Classes run monthly and meet 4 to 5 times depending on how many days and holidays fall in the month.

### Registration forms

Members can register for classes by turning in a completed program registration form with full payment to the Service desk. If a class is full, the registrant will receive an email with other training options. Registration forms are available on our website [www.svjcc.org](http://www.svjcc.org) and at our Service Desk.

### Individual Class Participants

Participation in individual classes requires registration prior to the class, or direct confirmation with the instructor of the class. This is to ensure that the class is running, and that there is space for each specific date. Confirmation is required to join a group on an individual class basis. **Please see the clipboard at the Service Desk for open classes.**

### Missed Class and Cancellation Policy

If a registered participant misses one class in a month, he/she will be offered a \$10 credit applied to the next month of Pilates Training. All other unattended classes are non-refundable and will not result in a credit or a make up. Changes to registration can be made up to the last day of the month prior to the class.