

# Private Yoga Lessons



**Enjoy the benefits of yoga with personalized lessons.**

"I had never done yoga and decided to try private lessons to help get back into shape. It has been amazing. I get personal attention to *my* needs without feeling like the 'newbie' in a class - and it's challenging and enjoyable each week." Member-Laura Knott



	<u>Member</u>	<u>Nonmember</u>
<b>Individual</b>		
1 sixty-minute session	\$75	\$85
5 sixty-minute sessions	\$355	\$405
10 sixty-minute sessions	\$680	\$780
<b>Buddy Training</b>		
5 sixty-minute sessions	\$275 per person	\$325 per person



Levy Family Campus  
14855 Oka Road Suite 201  
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## Registration Information

For more information contact Deborah,  
Group Exercise & Pilates Manager, at 408.357.7440 or  
groupfitness@svjcc.org.