

# Kristen Ryder

## JCC Dance Academy Instructor



### Dance Experience

Kristen began dancing at the age of 3 and has competed in various styles of dance including ballet, jazz, lyrical, hip hop and tap. As a teen, Kristen co-founded and was captain & choreographer of the award-winning dance team, *Paw de Chat* at Los Gatos High School. Kristen helped lead the team to 11 competition medals and received various awards including "Best Dancer" at LGHS both times it was awarded, San Jose Mercury News "Cool Kid", & Universal Dance Association "All Star" 2005 and 2006.

Kristen was sole choreographer of the LGHS musical *Bye Bye Birdie* and won the American Musical Theatre's High School Honor Award for "Best Student Choreography" in the bay area. Kristen's professional dance experience includes a guest dancer role in Ballet San Jose's *US* in 2003 as well as guest dancer in *Some Notes on Chaos* in San Francisco with AHDANCO: Abigail Hosein Dance Company.



### Classes taught at APJCC Dance Academy:

- Hip Hop
- Ballet