



# APRIL CHRISTMAN CERTIFIED MASSAGE THERAPIST



## EDUCATION

Certified Massage Therapist  
Kali Institute of Massage & Somatic Therapies

Feng-shui Master Apprentice Black Hat Tradition

Kinetic modalities (energy work)

Therapeutic healing work



## SPECIALIZATION

- Western style: Swedish, Sports, Chair & Aromatherapy
  - Kinetic modalities (energy work)
    - Pre-natal
    - Trigger Point
    - Feng-shui
    - Cranial Sacral

## PHILOSOPHY

The human hands are the most powerful tools available to us. I believe in the mind, body and spirit connection. I approach each massage with this in mind. I like to incorporate different modalities to tailor each treatment for my individual client. I combine massage and therapeutic touch or energy work to address the needs of my client. Massage therapy increases circulation and breaks up lactic acid. Relaxation and feeling more centered in one's body is an added benefit. Whether a soothing prenatal or an invigorating sports massage, let me assist you in the process of your healthy lifestyle.

