



aquatics

Aquatic Orientation

Complimentary benefit with your fitness center membership. Available to ages 13 years and up.



This is a half hour assessment with one of our qualified instructors. Whether you want some technique tips, to learn some new ways to workout in the pool, or want some help getting started; we can make a difference in your effort.



Aquatic Orientations are set up at your convenience by contacting the Aquatics staff in the Aquatics office.

Please stop by or give us a call at 408.357.7423 to schedule your appointment.



Levy Family Campus
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Registration Information

For more information contact Jamie Winslow at 408.357.7423 or jamiew@svjcc.org.