



DIANA MELENDEZ

CERTIFIED MASSAGE THERAPIST



E D U C A T I O N

Certified Massage Therapist

Certifications from De Anza College in:
 Swedish Massage
 Deep Tissue Massage and Cross Fiber Friction
 Myofascia Release Work
 Sports Massage
 Table Shiatsu

Member of the American Massage Therapy Association

Working towards an AA degree in Massage Therapy

S P E C I A L I Z A T I O N

- Physical Therapy rehabilitating patients from injuries and surgeries.
- Adaptive programs working with physically disabled patients.
- Working with top athletes as a CMT/ Athletic Trainer.

P H I L O S O P H Y

Massage Therapy is being used and recognized more and more by many Orthopedic Surgeons, Physical Therapists, Chiropractors and Athletic Trainers as a form of rehabilitation. It is also an important part of fitness centers all around as an important additional element of a healthy life style and mental well-being. This has aided my philosophy of providing a client with what they need as an individual, putting their minds at ease while they are benefiting both physically & mentally. My experiences have added to and expanded my



knowledge in the field, and I apply them to educate clients and patients with preventative and maintenance programs. I believe knowledge is power and the more I share with my clients, the better their experience.