



KATY BARRY

CERTIFIED MASSAGE THERAPIST



EDUCATION

Certified Massage Therapist
Delaware Learning Institute

Master's in Traditional Chinese Medicine
Five Branches Institute

Nationally Certified by National Certifying Board of
Therapeutic Massage & Bodywork

BA, Environmental Science (emphasis in Biology)
Marist College

Licensed Acupuncturist - expected March 2008

SPECIALIZATION

- Swedish
- Deep Tissue
- Stretching & Sports Massage
 - Pre-natal
 - Reflexology
- Cranio Sacral & Reiki

PHILOSOPHY

My holistic approach is to work with the body's innate wisdom to self heal from recent and long term conditions. I believe the key to making changes in one's body, mind and spirit is by treating the whole person. I explore with her clients their lifestyle, nutrition, exercise, posture, work, habits, emotions and beliefs. I help you weed through the unhealthy aspects to incorporate more health and balance within the whole body and mind system. It is my mission to help you achieve and maintain your goals of health and well-being.

