

Pilates Rate Sheet

Complimentary Demo

All members are entitled to one free group demonstration on the Pilates reformer. During this session, you and your instructor will discuss your goals and your alignment, strength and flexibility, in order to find the best option for you below.

Private Training

	Member	Non-member
1 sixty-minute session	\$70	\$80
5 sixty-minute sessions	\$330	\$380
10 sixty-minute sessions	\$630	\$730

Duet Training (2-person)

	Member	Non-member
1 sixty-minute session	\$50	\$60
5 sixty-minute sessions	\$235	\$285
10 sixty-minute sessions	\$450	\$550

Group Training

3-person Group	Member	Non-member
1 sixty-minute session	\$40	\$50
6 sixty-minute sessions	\$210	\$270

6-person Group	Member	Non-member
1 sixty-minute session	\$30	\$40
6 sixty-minute sessions	\$150	\$210

All sessions are made by reservation and tailored to your schedule.

*All prices are per person.
 *Pricing effective May 2007

Cancellation Policy

Private/Duets

A 24-hour cancellation policy is required. Less than 24-hours results in the full charge for the session.

Group Training

One make-up class per six-week session is allowed. Make-ups must be completed within the 6-week session and are subject to space availability. Make-up no shows may not be rescheduled. All other unattended classes are non-refundable. Payment must be received prior to the session start date for a guaranteed space.