

# Senior Aquacize

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Classes geared towards promoting strength and flexibility without impact. Also appropriate for people with disabilities.

June 26-July 27<sup>th</sup>, M & Th

9am-10am

Member: \$50

Non-member: \$65

Instructor: Diana Melendez

Code: 4011SU06

To register, please visit the front desk. Please call Susan Sataloff for more program information at 408. 357.7438.