



# aquatics

## Youth Water Polo

Ages 10-13 years

Mondays & Wednesdays 4:00pm–5:00pm

Year-round (except December)

Head Coach: Matt Linsky

Assistant Coach: Ian Droze

Members: \$100/month

Non-members: \$140/month



Our Water Polo Program offers the opportunity for young swimmers to learn the skills and rules of this sport. This program emphasizes team-work, strategy, fun and fitness while developing endurance, technique, and coordination. Activities include: treading water, ball skills, land exercises, and swimming.

Prerequisites: Be able to swim 25 yards of freestyle with side breathing and 25 yards of back-stroke without stopping; as well as be comfortable in 5 feet of water.

Try-outs are welcome.



Levy Family Campus  
14855 Oka Road Suite 201  
Los Gatos, CA 95032

### Registration Information

To register, a program registration form is required.

For more information contact Jamie Winslow at 408.357.7423 or [jamiew@svjcc.org](mailto:jamiew@svjcc.org).