

APJCC pool schedule

June 23rd - July 31st, 2008



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00-8:45am Lap / Rec	5:00-6:00am Lap / Rec	5:00-8:45am Lap / Rec	5:00-6:00am Lap / Rec	5:00-6:00am Lap / Rec	7:00-9:30am Lap / Rec	7:00-9:45am Lap / Rec / CS
8:45-10:00am Rec* / Lap* / \$SGSL	6:00-7:00am Masters / Lap* / Rec	8:45-10:00am Rec* / Lap* / \$SGSL	6:00-7:00am Masters / Lap* / Rec	6:00-7:00am Masters / Lap* / Rec	9:30-10:30am AquaFit / Lap* / Rec	9:45-10:45am AquaFit / Lap* / Rec / CS
10:00am-12:00pm Rec* / Lap* / \$Camp	7:00-9:00am Lap / Rec	10:00am-12:00pm Rec* / Lap* / \$Camp	7:00-9:00am Lap / Rec	7:00-9:00am Lap / Rec	10:30am-6:30pm Lap / Rec	10:45am-12:00pm \$SGSL / Lap / Rec* / CS
12:00-1:00pm Masters / Lap* / Rec* /	9:00-10:00am AquaFit / Lap* / Rec* / \$SGSL	12:00-1:00pm Masters / Lap* / Rec* /	9:00-10:00am Lap* / Rec* / \$SGSL	9:00-10:00am AquaFit / Lap* / Rec		12:00-6:30pm Lap / Rec / CS
1:00-2:30pm Lap* / Rec* / \$Camp	10:00-11:30am Lap* / Rec* / \$Camp	1:00-2:30pm Lap* / Rec* / \$Camp	10:00-11:30am Lap* / Rec* / \$Camp	10:00am-1:00pm Lap / Rec		
2:30-3:30pm Lap / Rec	11:30am-1:00pm Lap / Rec	2:30-3:30pm Lap / Rec	11:30am-1:00pm Lap / Rec	1:00-2:30pm \$Camp / Lap* / Rec*		
3:30-4:00pm Lap / Rec* / \$SGSL	1:00-2:30pm Lap* / Rec* / \$Camp	3:30-4:00pm Lap / Rec* / \$SGSL	1:00-2:30pm Lap* / Rec* / \$Camp	2:30-9:30pm Lap / Rec		
4:00-5:00pm \$YWP / Lap* / \$SGSL /	2:30-4:00pm Lap / Rec	4:00-5:00pm \$YWP / Lap* / \$SGSL /	2:30-4:00pm Lap / Rec			
5:00-6:30pm Lap* / Rec* / \$SGSL	4:00-5:00pm \$YST / Lap* / \$SGSL / Rec*	5:00-6:30pm Lap* / Rec* / \$SGSL	4:00-5:00pm \$YST / Lap* / \$SGSL / Rec*			
6:30-9:30pm Lap / Rec	5:00-6:30pm Lap* / Rec* / \$SGSL	6:30-9:30pm Lap / Rec	5:00-6:00pm AquaFit / Lap* / Rec* / \$SGSL			
	6:30-9:30pm Lap / Rec		6:30-9:30pm Lap / Rec			

Lap = 6 lap lanes that are available for lap swim unless noted with an * indicating another program is sharing the lap area. At least one lap lane is available at all times.

Rec = Recreation swim for all guests and members in the shallow "L" section of the main pool. An * indicates when other programs are sharing this area.

\$ = indicates a fee associated with that program. Registration forms will be required.

Aqua Fit = Adult Group Exercise class, free drop-in program for center members. Uses 3 lap lanes.

CS = Open swim time for Social Membership holders Every Sunday 7:00am-6:30pm.

\$Camp = Summer Camp kids use 2 lap lanes and the rec swim area.

Masters = Adult drop-in swimming workout, free for center members. Uses 4 lap lanes.

\$SGSL = Small Group Swim Lessons for ages 6 months - 12 years. Separate schedule sheet with specific levels and times. Register through Aquatics.

\$YST = Youth Swim Team for ages 6-14 years. Uses 4 lap lanes. Register through Aquatics.

\$YWP = Youth Water Polo Team for ages 10-13years. Uses up to 4 lap lanes depending on enrollment. Register through Aquatics.

Important Reminders:	Float Night Pool Party Tuesday July 8th 4:00-7:00pm.	Pool Hours on Friday July 4th 8:00am-4:30pm.
Pool Cleanings Tuesdays & Fridays 7:30-8:30am, pool is open.	American Red Cross CPR/AED Course Friday July 11th 8:00-4:00pm.	
Pool Parties are often held on Weekends but the pool is always available to others.	Registration is OPEN for Small Group Swim Lessons.	

Individual Program Flyers at www.svjcc.org for more information or contact **Jamie Winslow, Aquatics Coordinator** at 408.357.7423 or jamiew@svjcc.org.

A complete list of our Pool Rules is on the reverse side. Please review before visit. Schedule is subject to change.

Addison-Penzak Jewish Community Center 14855 Oka Rd. Los Gatos, CA 95032