



# aquatics

## American Red Cross Lifeguard Certification

Ages 15 years & up

**Saturdays and Sundays June 21st, 22nd,  
28th, and 29th. 9:00am-5:00pm.**

Instructors: Sylvia Lam & George Cullison  
Enrollment min. is 5 and max. is 20.

Member Fee: \$225

Non-member Fee: \$250

Fee includes course materials. Please bring  
proof of age ID, lunch, swimsuit and towel.



This course covers the skills and knowledge needed to prevent and respond to aquatic emergencies. To successfully complete this course you **must attend all classes in their entirety, pass all physical skills, and pass all written and practical exams.** Certifications covered include: 1 year of CPR/AED, 1 year of Bloodborne Pathogen Training, 3 years of First Aid, and 3 years of Lifeguarding.

Prerequisites: Swim 300 yards continuously (Freestyle & Breaststroke). Surface dive to 8ft., grab a 10lb. brick & swim 20 yards with it.



Levy Family Campus  
14855 Oka Road Suite 201  
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### Registration Information

To register, a program registration form is required.

Deadline to register is Monday June 16th, 2008.

For more information contact Jamie Winslow at 408.357.7423 or  
[jamiiew@svjcc.org](mailto:jamiiew@svjcc.org).